Stricken Down with Heart Disease.

Dr. Miles Medical Co., Ethhert, Ind.
GENTLEMEN: I feel it my duty, as well as a
pleasure, to publish, unsolicited to the world the
benefit received from Da. Murs. Ristorative
Brastics. I was stricken down with Lieuer
Disease and its complications, a rapid pulse varying from 90 to 160 beaus per minute, a choking or
burning sensation in the wind pipe, oppression
to the closests.

THOUSANDS

THOUSANDS in the cliest gion of the heart and below lower rib, pain in the arms, shortness of breath, sleeplessness, weakness and general debility. The arteries in my neet would broch violently, the throbbing of my heart could be heard across a large room and would shake my whole hody. I was an nervous that I could not hold my hand steady. I have been under the trainment of command physicious, and have taken gallons of Putent Moditions without the trainment of remedies. The was cured by Dr. Miles remedies. I have taken three bathess of your New CURED Heart Cure and two bottles. Neverne. My pulse is normal, I have no mere violent throbbing of the heart, I am a well man. I sinterely recommend avery one with symptoms of Heart Disease to sake Dr. Miles' Restoration of Heart Disease to sake Dr. Miles' Restoration.

BOLD ON A POBITIVE QUARANTEE.

TRY DR. MILES' PILLS, 50 DOSES 25 CTS.

cold by D. J. Fry, druggist, Salem

Deutscher Advocat.

POSTOFFICE BLOCK, - - SALEM, OR

Admitted to practice in all the courts.

Special attention given to German speaking people and business at the county and tate offices. E. HOFER, Notary Public.

TODAY'S MARKETS.

Prices Current by Telegraph - Local

and Portland Quotations.

SALEM, July 18, 4 p. m .- Office

DAILY CAPITAL JOURNAL. Q . ta-

tions for day and up to hour of going to

SALEM PRODUCE MARKET.

FRUIT.

Peas—8 cents a gallon. Goosel erries—15 cts a gallon. Raspberries—red and black 4 to 5 cts.

Cherries-4 to 5 cts a lb. Continue

BUTCHER STOCK

MILL PRICES.

WHEAT.

HAY AND GRAIN.

Oats-40 to 45 cents. Hay-Baled, new \$8 to \$12; old \$10 to \$14. Wild in bulk, \$6 to \$8. Barley-No demand except for feed.

FARM PRODUCTS.

Eggs-Cash, 22) cents. Butter-Best dairy, 15 to 20; fancy

HIDES AND PELTS.

Green, 2 cts; dry, 4 cts; sheep pelts, 75 cts to \$1.25. No quotations on furs.

LIVE POULTRY.

PORTLAND QUOTATIONS.

Wool-Best, 10c. Hops-Small sale, 15} to 17c.

Veals—dressed 4) cts. Hogs—dressed 6) to 6). Live cattle—2 to 2). Sheep—alive \$1.50 to \$2.00. Spring lambs—\$1.50 to \$2.00.

press were as follows:

54 cents.

50 cents.

reamery, 25.

10 cts; geese slow.

Cheese -- 12 to 15 cts.

Hood's Cures It Can Be Made at Home From These



Mrs. Jennie Cunningham.

"I Could Eat Nothing but very light food, without having terrible distress in my stomach. Before I had taken one bottle of Hood's I saw that it was doing me good. I continued to grow better while taking five bottles, and

Now I Can Eat Anything, and my health is very much better than for years." Mrs.JENNIE CUNNINGHAM, South New Castle, Me. Be sure to get Hood's Sarsaparilla

HOOD'S PILLS cure Constipation. 250 WORLD'S FAIR, CHICAGO. HOTEL - Calumet Avenue and 28th Street.
Fireproof; 24: rioms; near Fair
Grounds; baths on every floor.
American and European plans.
It to 80 a day. First-class family
hotel. Write for circular.

YOU

like perspiration, cause intense itching when warm. This form and BLIND, BLREDING or PROTRUDING PILES GOT

OR. BG-SAN-KO'S PILE REMEDY,
which acts directly on parts adjusted
absorbs tumory, allays teching, effecting
absorbs tumory, allays teching, effecting
absorbs tumory, allays teching, effecting
absorbs tumory, allays

Sold by Baskett & Van Slype.

AMONG THE GEMS.

Pliny in the first century was the first writer to describe the diamond.

The Regent diamond, the property of the French government, weighs 136 carats and is valued at 12,000,000 francs.

The finest emerald in Europe belongs to the czar. It weighs only 30 carats, but is of perfect color and transparency The Mexicans carved the emerald with wonderful skill, using only siliceous powder and copper tools alloyed with

The royal crown of Great Britain is composed almost entirely of diamonds, pearls and rubies, weighs 39 ounces and 5 pennyweights troy and is valued at \$1,200,000.

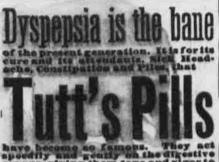
The ruby, sapphire, oriental topaz, oriental amethyst, oriental aquamarine, oriental chrysolite, hyacinth, star ruby, star sapphire, star topaz, are all corun dums of different colors.

Cortez obtained in Mexico five emer alds of wonderful size and beauty. One was cut like a rose, another in the shape of a horn, a third in that of a fish with diamond eyes, a fourth like a bell with a pearl for a clapper, the fifth was a cup with a foot of gold and with four little chains, each ended with a large pearl .-St Louis Globe-Democrat.

Colonial Relies at Chicago.

Among the colonial relics in the Government building at the World's fair are these two notes: "Mrs. Washington presents her compliments to General Knox and begs his acceptance of two hair nets. They would have been sent long ago but for want of tape which was necessary to finish them, and which was not finished till yesterday. New-burg, March the 6th, 1783."

The stately acknowledgment was: "General Knox has the honor to present his most respectful compliments to Mrs. Washington, and to insure her that he is deeply impressed with the sense of her goodness in the favor of the hair nets. for which he begs her to accept his sincere thanks. West Point, March 8th.



Sold Everywhere.

The love of brass buttons and gold straps and "soldier boy" effects is a part of every human soul. The boy's costume

POWER HOUSE Meat Market.

Pou'try and stock. Free delivery.

FRED WAYMIRE. The Yaquina Route.

And Oregon Development company's steam-ship line. 25 miles shorter, 20 hours less time than by any other route, First class through passenger and freight line from Portland and all joints in the Willamette valley to and from an Francisco.

TIME SCHEDULE, (Except Sunday.) Lv Albary 1:00 p m | Lv Corvailis 1:40 p m Ar Yaquina 5:00 p m | Lv Yaquina 6:45 a m Lv Corvailis 10:35 am | Ar Albany 11:10 a m O & C. trains connect at Albany and Corvallis.

CONVENIENT VEIL CASE.

With the present rage for veils and the necessity the fashion entails for a multitude of the filmy things, a case for their safe keeping is essential to a woman's comfort. The very latest device in this instance keeps the treasures committed to its care not only safe, but

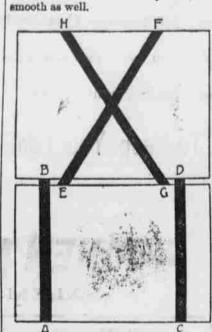


DIAGRAM OF THE CASE.

To make one, cut two stiff cardboards of whatever size you may prefer and fine white linen to cover both. On the latter embroider some dainty floral design or some apt quotation, if any not already hackneyed can be found, and carefully press them both. Cover the boards on both sides with perfumed cotton, then with the linen, and line with thin silk of an appropriate shade. Cut ribbons slightly longer than the width of the boards and attach the ends of two pieces very neatly at the points A. B, C, D, as the diagram shows, and of two others at E, F and G, H, after the manner of an old time currency case. Then as the ribbons are arranged in



EMBROIDERED COVER.

twos, and as each couple is sewed to one edge of each board, the case will open at either end, and the veils will be kept in place without the smallest need of rumpling even the daintiest of them all.

Suggestion For Doily.

Some novel doilies have a foundation of fine white linen. This is shaped as a poppy, for example, and outlined, veined and shaded with silk. Any flower can be represented and the color chosen to suit the table decoration.

Removing Grease Spots.

On using naphtha and benzine to remove grease spots from fabrics often a circle or outline of the spot is left so clearly defined that the effect is but little better than that of the grease spot itself; it is in fact the grease spot spread out thinly over a larger surface. To remove the spot entirely the best way is to lay the affected part between brown paper or blotting paper and to press thorough-ly with a warm iron. Then if the grease remains rub the spot gently with a sponge moistened in benzine, rubbing from the edge toward the center. Lay a piece of blotting paper over the spot once more to absorb as much of the grease as possible, then washout the spot in cold water without soap and press it on the wrong side with a warm iron until it is dry, Ammonia should be used with caution in removing spots, as it sometimes changes the color of fabrics as well. In other cases a very weak solution of housebold ammonia has been known to restore color perfectly. For this reason it is best to first apply it on an extra piece of the goods or in some place hidden from sight.

Cream of Bice Soup.

One pint of chicken stock, 2 tablespoonfuls of rice, 1 stalk of celery, a slice of onion. Cook slowly for 2 hours. Put through a sieve and add a pint of hot milk and a little butter, pepper and salt.

Costume For the Little Ones.

shown in the cut will be almost as wel-



SON AND DAUGHTER. come to a little chap as his first trouser were. It is military in effect and should

O & C. trains connect at Albany and Corvalits.

The above trains connect at Yaquina with the Oregon Devel pinent Co.'s line of steam es between Yaquina and San Francisco.

N. B.—Fassengers from Partiand and all Wilamette valley points can make alose connection with the trains of the Yaquina Route at Athany or Corvalits and if desilned to San Francisco should arrange to arrive at Yaquina the evening but re date of sailing.

Passenger and Freight Rates always the lowest For information apply to Messra, HULLAIAN & Co., Freight and Ticket Agents 1900 and 202 Front street, Portland, Or, or C. C. HUJUE, Actition's Fraight and Fasse, Agt.

Or. Pacific R. H. to Corvalits or, C. H. HASWELL, jr., Gen's Freight and Fasse, Agt. Ore. Development Co., Strucked Co., Development Co., Development Co., Strucked Co., Development Co., Strucked Co., Development Co.,

Concess to a last the characters

HOUSE LINEN.

How to Care For Bed and Table Lines, Towels and Blankets. To every woman who takes a pride in her home the house linen is a very im portant matter. Good linen, though expensive at first, is far more econon and satisfactory in the end. A complete list of the linen should be neatly enter

in a book, with a space left for remark in the future. This book should hang inside the press. A tall cupboard, with shelves that can be pulled out, is perhaps the most convenient place in which to store linen, but a large chest with drawers answers very well. Between the linen bags of lavender should be placed. It is necessary, of course, that every-thing should be marked. The sheets

should be folded in pairs, and a band of wide, colored elastic on which a card is sewed repeating the marks and the name of the bedroom to which the sheets be-long passed round each pair. This will enable a new servant or stranger to find what is required in a moment. Pillow-cases should be arranged in sets for every room, with an elastic band round each set and marked in a like manner. Towels should be kept on another shelf of the press, with their distinctive bands.

of the press, with their distinctive bands. They should be in half dozens, and should also have marked on their lands whether rough, bath or fine quality.

The tablecloths should have on the card attached to the band surrounding them particulars as to size and quality, which saves the trouble of unfolding and refolding. Servicties can be kept in pretty colored American cloth or silk cases, or a good plan is to get two or cases, or a good plan is to get two or three square baskets without covers-the size of the servicities when folded-and line these prettily with art muslin, sewing a flap cover on to one side. This

could be embroidered with a monogram. If there is a spare shelf, the blankets out of use can be stowed there. They should be tied in pairs and put into large linen pillowcase, with a lump of camphor between the folds. A reference to the bed to which they belong should be inscribed on the card which is sewed to the case.

Sheets, pillowcases, tablecloths and serviettes should be embroidered with initials in white. If the top sheet is an ornamental one, it looks well to have the owner's monogram worked in the center just below the hem. Towels should be doubled lengthwise and marked in large outline letters in colored flax thread at one end.

Here is an effective hat which owes its chief charm to the accommodating bend of its brim. It is of chip in two colors, black on one side and yellow on the other. At the front the brim inclines toward a slight poke. At the side it



YELLOW AND BLACK. flares straight up as though it delighted in showing every wave of the hair. In the back it has a tendency to roll over, giving a glimpse of the yellow side of the

The crown is covered with broad loops of yellow watered ribbon, which appear to be held in place by long pins of black

Playing at hide and seek with the rib bon loops are three-quarter length estrich feathers. Those which rest against the ribbon are in black, and the one which falls over the brim in front is of pale yel-low. This hat would go well with a black lace dress.

Plaid Waists.

Plaid silk waists are to be worn this summer with dark skirts. The silks are very cool and always look well. They are to be seen ready made, with full ruffles down the front and large, loose puffed sleeves. The waists are made so as to be worn either outside the skirt or inside with a fancy belt. Plaid skirts, however, are not as nice for summer wear as the light wash silks, which come in delicately colored patterns. These are made without lining, and when washed carefully preserve their good appearance for a long time.

Eat Salt With Nuts. Medical men advise that salt should be taken with nuts, especially when eaten at night. One time, says a writer, while enjoying a visit from an Englishman, hickory nuts were served in the evening, when my English friend called for salt, stating that he know a case of a woman eating that he knew a case of a woman eating heartily of nuts in the evening who was taken violently ill. The celebrated Dr. Abernethy was sent for, but it was after he had become too fond of his cup, and he was not in a condition to go. He muttered "Salt, salt," of which no notice was taken. Next morning he went to this place, and also was a corpse. He said that had they given her salt it would have relieved her; if they would allow him to make an examination, he would convince them. On opening the stomach the nuts were found in a mast. He sprinkled salt on this, and immediately it dissolved.

Conversation Parties.

Conversation parties are very popular. Conversation parties are very popular. The company is divided into groups indicated by the color of the ribbon tied in their number card. The numbers from 1 to 12 will have yellow ribbons, 13 to 20 bins, etc., which in a large company simplifies finding one's partner and saves valuable time for disquesion. When the absorbing question, "Do hear have souls?" has to be actiled in five minutes, it will be seen that scomony of time is vital.

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Cor, 30th and Chemeketa Street Geo. Fendrich,

CASH MARKET Best meat and free delivery.

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lood meats, Prompt delivery.

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David McKillop.

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T. W. THORNBURG. The Upholsterer,

and Candies.

News-



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This wonderful preparation is Purely Vegetable : compounded from the prescription of the Official Physician to the Court of Spain. "Espano" recreates Mental and Nerve Power in Man and Woman.

An infallible remedy for Nervous and General Debility, Nervous Prostration, Creeping Paralysis, Weakness caused by Debilitating Losses, Excesses or Over-Indulgences, Incipient Softening of the Brain or Paresis, Dizziness, Loss of Memory, Confused Thoughts and all Brain, Nerve or Sexual Weaknesses. It has no equal in restoring the Stomach and Brain to its normal condition following the abuse of Alcoholic Beverages, or indulgence in the Opium, Morphine or Chloral habit.

Have you abused the laws of nature and injured your nervous system? are you despondent and melancholy with confused ideas and gloomy thoughts? ESPANO" will positively cure you. It contains no mineral poisons and a remarkable for awakening organic action throughout the system and an improvement in every tissue. It produces better muscles, bones, nerves, hair, nails, skin, blood and gives vigorous life to the unfortunate who has exhausted his powers. Prepared in tablet form and packed in boxes convenient to carry in the pocket. Each box contains 90 doses or enough to last one month and is worth many times its weight in gold. The price \$1.00 per box or 6 boxes for \$5.00 if ordered at one time and a guarantee will be given that any case mentioned above that it does not cure, the money will be refunded. As to our financial standing we refer to any bank in this city. Sent charges prepaid to any address in United States or Canada. Put up in plain wrapper with no mark to distinguish what it is. Send for circulars and testimou...is. Address,

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An able Brain and Nerve Specialist can at any time be confidentially consulted entirely free of charge, personally or by mail, at the above



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Completed and ready to wait on customers. Horses boarded by day or week, at reasonable prices. We keep a full line of Trucks, Drays and Express to meet all demands. Also keep the finest Stallions in this county, for service. Barn and residence 2 block south of postoffice. RYAN & CO.

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If you would be clean and have your clothes done up in the neatest and dressiest manner, take them to the

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SALEM, OREGON.

Chickens-7 to 10 cts; broilers 10to12}; Rates, \$2.50 to \$5.00 per Day ducks, 124; turkeys, slow sale, choice, The best hotel between Portland and San Francisco. First-class in all its appointments. Its tables are served with the

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Grain, Feed, etc. Choicest Fruits Flour-Standard, \$3.40; Walla Walla, \$3.40; graham, \$3.00; superfine, \$2.50 Grown in the Willamette Valley.

Oats-White,45c per bushel, grey, 42c; rolled, in bags, \$6.25@6.50; barrels, \$6.50@6.75; cases, \$3.75. Hay—Best, \$15@17 per ton; common,

\$10@ 13. \$10@12. Wool—valley, 13 to 14c. Milistuffs—Bran. \$17.00; shorts, \$21; ground barley, \$25@24; chop feed, \$18 per ton; whole feed, barley, 80@85 per cental; middling, \$23@28 per ton; brew-ing barley, 90@85c per cental; chicken wheat. \$1.224@1.24 per cental.

Hops-15 to 18c. DAIBY PRODUCE. Butter-Oregon fancy creamery, 221@ 25c; fancy dairy, 171@20c; fair to good, 15@16c; common, 124c per pound; California, 85@44c per roll.

ing with Overland train, and fornia, 35@44c per roll.

Cheese — Oregon. @ 12½; Eastern twins, 16c; Young American, 16c per per pound; California flats, 14c.

Eggs—Oregon, 20c per dossu.

Poultry—Chickens, old, \$5.00; broilers, large, \$2.00@3.0c; ducks, old, \$4.50@6.00; young, \$2.50@4.00; geese, \$8.00; turkeys, live, 12½c; dressed, 15c, per lb. cars leave Hotel every 20 minutes from 6:20 a. m. to 11 excepting CemeteryCar, Taken off to meet Passenger Trains.

SAN FRANCISCO MARKET. Wool: Oregon Eastern choice, 12@ 15e; co inferior, 9@11e; do valley, 14@

Hops—16@18c.
Potators—New Early Rose, 50c@80;
50c@90 per cental.
banks, \$ 90@1.00 per cental. banks, \$ 90@1.00 per cental.

Onions—75@55e per cental for red, and \$1.00@1 20 for silverskins.

Barley Feed,50@51[@82]e per cental for good quality and 82]e for choice; brewing, 90@1.00 per cental.

Oats—Milling, \$1.45@1.52; funcy feed \$1.45@1.52; good to choice, \$1.35@1.45; common to fair, \$1.10@1.25; gray \$1.50@1.44; black, \$1.10@1.20 per cental.

Cheese—12 to 15 cts. Farm smoked mests—Bacon 121; hams, 13; shoulders, 10. Potatoes—new, \$1. Onions—11 to 2 cents. Beeswax—34c. Caraway seed, 18c. Anise seed, 26c. Ginseng, \$1.40. THE WILLAMETTE, East and South

-VIA-

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Southern Pacific Company. CALIFORNIA EXPRESS TRAIN-BUN DAILT BE TWEEN PORTLAND AND S. F.

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